



CRISTO REY DE LA SALLE
EAST BAY HIGH SCHOOL
ST. ELIZABETH CAMPUS

2021 Return to Campus Plan

Cristo Rey De La Salle High School
COVID-19 Response

Message from Leadership

Dear Cristo Rey De La Salle Community,

Our Covid Task Force at Cristo Rey De La Salle East Bay meets weekly to discuss and prepare for a safe return to campus. As we prepare to return to campus we continue to honor our deep Lasallian tradition of Inclusive Community and Social Justice. At the same time we are honoring all federal, state, and local guidelines.

This handbook outlines in detail the policies and procedures that are critical to keeping our community healthy. Our faculty, staff, students, families, and community members are prepared to adhere to these guidelines. In addition, we ask that our community continue to engage in healthy practices designed to keep our community COVID-19 free.

These practices include good hygiene, social distancing, wearing a mask, and avoiding large gatherings. Cristo Rey De La Salle is committed to making decisions that best serve the needs of our community. This document will be updated on a bi-monthly basis (or as needed) to reflect the most current guidance from public health officials, scientific knowledge, and clinical best practices. We ask for your support and patience as we navigate the reopening process together.

Sincerely,

Stephen Murphy
President

Ana Hernandez
Principal

Gayle Klein
Vice President
Corporate Work Study Program

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Reopening At a Glance

Phased Reopening Plan

We have adopted a phased reopening approach that aligns with [California's Blueprint for a Safer Economy](https://covid-19.acgov.org/vaccines-faq). As the state of California transitions between the <https://covid-19.acgov.org/vaccines-faq> tiers outlined below, CRDLS will adjust accordingly. (Note that once our school opens under the guidelines for each tier, it can remain open regardless of a surge in cases within our county.*)

	Widespread	Substantial	Moderate	Minimal
New Cases in Alameda County	More than 7 daily new cases (per 100k)	4 - 7 daily new cases (per 100k)	1 - 3.9 daily new cases (per 100k)	Less than 1 daily new cases (per 100k)
Positive Tests in Alameda County	More than 8% positive tests	5 - 8% positive tests	2 - 4.9% positive tests	Less than 2% positive tests
CRDLS Instruction	Full Distance <i>All Classes Online</i>	Hybrid & Distance Instruction	Hyflex Instruction (with max classroom capacity at 15)	Full In-person instruction
Student Support	Distance learning. Picking up materials. Tech Support, Food Distribution	Counseling Opportunities: Academic support, College Counseling, Personal Counseling, CWSP - highest need remote workers	Opportunities for small groups of students on campus: Academic and Counseling support, Student-life in-person activities open in afternoons. Sports/Athletic opportunities in small pods, Grade level community building/Faith sharing, CWSP reopen in person (potentially for some students/some companies)	Most school activities with significant safety restrictions and limitations

*Individual schools may need to close if there is an outbreak of cases 5% or more within our school community.

Safety Starts at Home

Staying Home When Symptomatic, Sick, or After Exposure: The most important thing that we can do to prevent virus transmission among our school community throughout the school year is to avoid bringing it onto campus in the first place. Students and employees will be expected and asked to stay home in the following situations:

- When exhibiting symptoms associated with COVID-19.
 - Fever of 100.4 or above
 - Chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
- After close contact with persons who have tested positive for COVID-19. Close contact is defined as less than 6 feet for 15 minutes or longer with or without a mask.
- After returning from travel to certain locations, as guided by CDC, local public health officials, or CRDLS.

Family Choice: We understand that some students will need to learn at home throughout this pandemic, or that families may choose to keep their children at home. All classes will be set up to support on-campus and distance learning. A survey was sent to families to determine how many families may choose this option so that we can prepare accordingly. (See Academics for more information)

Participation in Class from Home: When a student needs to stay home for COVID-related reasons as described above, or any other reason, but is feeling well enough to continue to participate in class, students should attend school remotely. In most cases, our goal is that students remain fully enrolled in all of their classes and keep up with classwork throughout the time they need to be at home, as long as they are well enough to do so. Students will still participate along with their classmates and teachers on campus, which will allow them to keep pace with the learning activities and assignments of their classes. It is important that we provide appropriate incentives for students to stay home when needed, whether they are feeling sick, are self-monitoring due to possible exposure, or simply don't feel comfortable with the risk of being in a group setting. For example, there will not be class incentives for in-person attendance such as bonuses for perfect in-person attendance, or points that are only available if a student is present that day. Students who participate from class at home are still required to wear uniform and to have a working camera and microphone to participate in class. Enrollment periods will be revised at the beginning of each quarter or as determined by the school administration.

Return to School: Students and their families who need to stay home due to COVID-related symptoms will receive guidance from CRDLS on what they need to do in order to return to school. In some cases, this may include a student getting a COVID test or seeing a physician. In other scenarios, it may include staying home, isolating and self-monitoring for a defined time period. We will rely upon guidelines from medical professionals and public health officials to make these determinations.

Campus Safety

Drop-Off

Families should drop off students at the front of the school building. Students will enter using the side doors only, after they have been cleared to do so. While waiting to enter the building students should remain 6 ft apart from each other outside. Drop-off will begin at 7:30AM and end at 8:00AM.

Drop-off groups/times will be alphabetical as follows:

7:30 - 7:40AM	Families last name beginning with A-I
7:40 - 7:50AM	Families last name beginning with J-Q
7:50 - 8:00AM	Families last name beginning with R-Z

Daily On-Campus Health Survey

Prior to leaving home for CRDLS each morning, all students must take temperature and complete a questionnaire to ascertain if they have any of the following potential COVID -19 symptoms: Fever of 100.4 or above, chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea.

If the answers to any of the symptom questions are “yes”, the student cannot come to the CRDLS campus that day. Any CRDLS student siblings in the same household also cannot come to the CRDLS campus that day. If all answers on the questionnaire are “no”, then the parent may bring the student(s) to CRDLS.

Once a student’s home health screening questionnaire has been recorded by CRDLS staff, and the student has passed the temperature check, the student is allowed to enter the CRDLS campus. Students must be wearing appropriate face masks/coverings in order to enter the CRDLS campus. CRDLS staff are present in the school grounds to keep students on the correct route and ensure they maintain 6 feet of distance between each other in the school grounds. The school building is marked so that students know the correct route to follow

CRDLS staff will also be performing the same home health screening each morning to determine if they can come to work at the CRDLS campus that day. CRDLS staff that pass the home health screening will have their temperatures checked when they arrive at the gates of the CRDLS campus each morning. Any CRDLS staff

that do not pass the temperature check are not allowed to enter the CRDLS campus and must immediately return home. CRDLS staff who are cleared to enter the CRDLS campus will sanitize their hands at the check in table.

Pick-Up Procedure

Parents/guardians will arrive at the 34th Street side of school by vehicle or on foot to pick up their students. Students walking home, or taking public transportation should go home when school is out. No one will be allowed to hang out in the front of school.

Picked-up by Vehicle: All students should go to the car picking them up to avoid traffic backup on the street. Students exiting the school should do so by using the doors on the right or left side that they used in the morning. Students should not be exiting through the main lobby. At no time will the parent/guardian exit their vehicle, and all people in the vehicle must properly wear a face covering when interacting with CRDLS staff.

Face Covering Policy

Per the California Department of Public Health (CDPH) Industry Guidance issued on July 17, 2020, face coverings must be used in accordance with [CDPH guidelines](#) unless a person is exempt as explained in the guidelines, particularly in indoor environments, on school buses, and areas where physical distancing alone is not sufficient to prevent disease transmission.

At a minimum, face coverings should be worn:

- While waiting to enter the school campus.
- While on school grounds (except when eating or drinking).
- While leaving school.

Cloth Face Coverings

- A cloth face covering is a material that covers the nose and mouth.
- It can be secured to the head with ties or straps or simply wrapped around the lower face.
- It can be made of a variety of materials, such as cotton, silk, or linen.
- A cloth face covering may be factory-made or sewn by hand or can be improvised from household items such as scarfs, T-shirts, sweatshirts, or towels.

Staff Face Coverings

- All staff must use face coverings in accordance with CDPH guidelines unless exempt.
- In limited situations where a face coverings cannot be used for pedagogical or developmental reasons, (i.e. communicating or assisting young children or those with special needs) a face shield with a drape on the bottom edge can be used instead of a cloth face covering while in the classroom.
- When a cloth face covering is temporarily removed, it should be placed in a clean paper bag (marked with the staff's name and date) until it needs to be put on again.

Student Face Coverings

- Face coverings are strongly encouraged for young children between TK and second grade, if they can be worn properly. A face shield is an acceptable alternative for children in this cohort who cannot wear them properly.
- Face coverings are required for children between 3rd grade and 8th grade unless exempt.
- A cloth face covering, or face shield should be removed for meals, snacks, outdoor recreation, or when it needs to be replaced.
- Students who are not exempt from wearing a face covering and refuse to wear one provided by the school will be excluded from campus.
- When a cloth face covering is temporarily removed, it should be placed in a clean paper bag (marked with the student's name and date) until it needs to be put on again.

Persons Exempt From Wearing Face Masks:

- Persons with a medical condition, mental health condition, or disability that prevents wearing a face covering. This includes persons with a medical condition for whom wearing a face covering could obstruct breathing.
- Persons who are hearing impaired, or communicating with a person who is hearing impaired, where the ability to see the mouth is essential for communication.
- Anyone who has trouble breathing, anyone who is unconscious or incapacitated, and anyone who is otherwise unable to remove the face covering without assistance are exempt from wearing a face covering.

Note: Persons exempted from wearing a face covering due to a medical condition must wear a non-restrictive alternative, such as a face shield with a drape on the bottom edge.

Care for Face Covering

- Cloth face covering should be washed ideally after each use, or at least daily.
- Have a bag or bin to keep cloth face coverings in until they can be laundered with detergent and hot water and dried on a hot cycle.
- If you must re-wear your cloth face covering before washing, wash your hands immediately after putting it back on and avoid touching your face.
- Discard cloth face coverings that:
 - No longer cover the nose and mouth
 - Have stretched out or damaged ties or straps
 - Cannot stay on the face
 - Have holes or tears in the fabric

Facilities

Bathroom

- Students should sign out / in log to use the restroom
- 4 students at a time in each bathroom.
- Students have 5 minutes max to use the restroom.
- Students are directed to line-up for the bathrooms or use them directly.

- Students are required to wash their hands in the bathroom and they have to sanitize their hands before going back to class.
- Students with medical problems should have a doctor note on file and teachers should know they need to use the restroom multiple times.

Water fountains

- Will be closed off for all. Hydration refill stations will be available for students and staff to refill their own water bottles.

Lunch

- Students are to remain
- In their designated lunch area, student park, lunch room, students must still remain 6 feet apart.
- If lunch is to be held in their classroom, students are to eat their lunch at their desks.
- Face coverings are to be removed while the student or faculty member is eating or drinking then placed back on once they are done.
- Students and faculty are to maintain 6 feet apart during lunch.

Isolation Room (Room 114): Room 114 has been identified as the isolation room. If students or adults develop symptoms while on campus, they can remain in Room 101 until pick up or for monitoring.

Physical Distancing

- The maximum number of people allowed in the classroom is 16.
- Follow floor markings and signs to enter and exit classrooms
- Teacher desks are at least six feet away from student desks.
- Student desks are a minimum of 6 feet apart.
- Student desks are arranged to avoid face-to-face contact.
- Movement between students, teachers, and staff are minimized as much as practicable while in the classroom.

Sharing in Classroom

- Student belongings are kept separated and in individually labeled storage containers, cubbies or areas.
- Student belongings are taken home each day to be cleaned.
- When sharing high-touch materials such as art supplies and P.E. equipment cannot be avoided, limit use of supplies and equipment to one group of children at a time and clean and disinfect between uses.
- Avoid sharing electronic devices, toys, books and other games or learning aids as much as practicable. Where sharing occurs, clean and disinfect between uses.

Healthy Hygiene Practices

- Use tissue to wipe their nose and to cough/sneeze inside a tissue or their elbow. Used tissues should be thrown in the trash and hands washed immediately with soap and water for at least 20 seconds. If soap and water are not readily available, hand sanitizer that contains at least 60% ethyl alcohol can be used (for staff and older children who can safely use hand sanitizer).

- Do not touch the face or face covering.
- Wash hands frequently throughout the day, including before and after eating; after coughing or sneezing; after classes where they handle shared items, such as outside recreation, art, or shop; and before and after using the restroom.
- Wash hands for 20 seconds with soap, rubbing thoroughly after application, and use paper towels (or single use cloth towels) to dry hands thoroughly. Soap products marketed as “antimicrobial” are not necessary or recommended.
- Use fragrance-free hand sanitizer when handwashing is not practicable. Sanitizer must be rubbed into hands until completely dry. Note: frequent handwashing is more effective than the use of hand sanitizers. Ethyl alcohol-based hand sanitizers are preferred and should be used when there is the potential of unsupervised use by children. Isopropyl hand sanitizers are more toxic when ingested or absorbed through the skin. Do not use hand sanitizers that may [contain methanol](#) which can be hazardous when ingested or absorbed.
- Wash hands when: arriving and leaving home; arriving at and leaving school; after playing outside; after having close contact with others; after using shared surfaces or tools; before and after using restroom; after blowing nose, coughing, and sneezing; and before and after eating and preparing foods.\

Corporate Work Study Program

Before departing home

- Parent/Guardian performs “visual check” (look at the student for signs of illness like cough, fatigue, extreme fussiness or irritability, or difficulty breathing.)
- Student completes [Health Screening](#) alongside parent/guardian
 - If a student answers “Yes” to any of the questions, the student stays home. CWSP then communicates the student’s absence to the corporate partner.
 - If the student answers “No” to ALL questions, the student can commute directly to the workplace/CRDLS campus.

Arriving to campus

- The student logs the first and last name and time of arrival at the clipboard at the front desk. Masks must be worn at all times.
- CRDLS Staff takes student temperature using a “non-touch” thermometer.
 - If the student has a fever (Alameda County defines a fever as a temperature of 100°F (37.8°C) or higher.), as defined above, the student will be sent home.
 - Temperatures below 96°F (35.6°C) should be rechecked to ensure the reading is accurate.
 - If the student has one or more siblings in the program, they also need to be sent home.
- Staff performs a second “visual check” (Look at the student for signs of illness like cough, fatigue, extreme fussiness or irritability, or difficulty breathing.)

Transportation/School Vans

- Before entering, staff and students must wear and use hand sanitizer. Masks must be worn at all times. Eating and drinking is strictly prohibited.
- Vans will be filled to a 50% of the maximum capacity (4 out of 8).
- Staff must open windows whenever possible to increase ventilation;
- Student: Each student will be assigned a designated seat in the van;

- Cleaning: Vans are cleaned by facilities management after AM drop-off and PM pick-up. Cleaning log sheets are located in each van. Vans are equipped and restocked with PPE materials (hand sanitizer, alcohol wipes, masks).

Arriving to Workplace

- In addition to completing the CRDLS CWSP [Health Screening](#), the student must adhere to additional Coronavirus/COVID-19 practices that the workplace requires.

If Student Becomes Ill at Work

- Should a student fail a company administered health screen, CWSP partners should relay that information to the school immediately and plans should be made to have a parent pick up the student immediately, or have the student retrieved by school staff.
 - If the student returns to campus, Parents should be contacted to pick up the student from school or be brought home directly. If parents cannot be contacted, the student should either return to school, and remain in the quarantine area until the parent/guardian arrives on campus for pick-up.
 - Quarantine Area: CRDLS Sick room, first door on the left when entering the campus from the main entrance

Traveling

- If a student travels outside the state of California or outside of the United States, your student will be required to quarantine for a minimum of 14 days before returning to work. If a student misses work due as a result and it is unrelated to being diagnosed with Coronavirus/COVID-19, the student will be required to make up their absent workdays.

Outbreak or Positive Test

- Non-student: CWSP will communicate with parents/guardians if there is a Coronavirus/COVID-19 outbreak or if a non-student employee tests positive. The student will be asked to quarantine for a minimum of 14 days before returning to work as a minimum requirement.
- Student: If a student tests positive for Coronavirus/COVID-19, CWSP will communicate with the primary workplace supervisor. The student will be asked to quarantine for a minimum of 14 days before returning to work as a minimum requirement.
- Returning to Work: Please keep in mind that in most cases, corporate partners will require documentation of a negative test result or medical clearance from the student's primary care physician in addition to fulfilling these conditions outlined in the California Department of Public Health's ["Responding to Coronavirus/COVID-19 in the Workplace for Employers"](#) document.
- Make-Up Day Policy: If a student misses a day of work due to being diagnosed with Coronavirus/COVID-19, the student is not required to make up their absent workdays. For any other reason, the student will need to make up their absent work day.

Violation of any part of these protocols and policies will result in potential removal from the student's CWSP job placement.

Academics

On-Campus Academic Schedule: Phase 2

	Monday	Tuesday	Wednesday	Thursday	Friday
On-Campus Virtual Learning	100% students at-home learning	11th grade	9th grade	10th grade	100% students at-home learning
Social-Emotional Counseling		11th grade	9th grade	10th grade	
Corporate Work Study (Media Center)	9A/9B	9C/9D	10th grade	11th grade	

Daily Schedule
8:00am-9:00am MENTOR (60 min)
9:05am-10:25am BLOCK 1 (80 min)
10:30am-11:50am BLOCK 2 (80 min)
11:55am-12:35pm LUNCH (40 min)
12:40pm-2:00pm BLOCK 3 (80 min)
2:05pm-3:25pm BLOCK 4 (80 min)

Cohort Policy

To meet 6 feet spacing guidelines outlined in various local/state and federal guidelines, Cristo Rey De La Salle school capacity models allow for a limited number of students and staff to be on campus at the same time. To meet such guidelines, each class has been split into a smaller grouping or “cohort” of students. The number of students in each cohort is based on the 6 feet spacing capacity model of each grade’s classroom and should be marked at the entrance of each classroom or shared use space. In an effort to limit exposure to COVID-19, the following is recommended per CDPH guidelines:

- To reduce possibilities for infection, students must remain in the same space, the cafeteria or a designated area and in cohorts as small and consistent as practicable, including for recess and lunch.
- Keep the same students and teachers or staff with each group, to the greatest extent practicable.
- Minimize movement of students and teachers or staff as much as practicable. For example, consider ways to keep teachers with one group of students for the whole day. In secondary schools or in

situations where students have individualized schedules, plan for ways to reduce mixing among cohorts and to minimize contact.

- Limit nonessential visitors, volunteers and activities involving other groups at the same time.
- Minimize congregate movement through hallways as much as practicable. For example, establish more ways to enter and exit a campus, create staggered passing times when necessary or when students can follow to enable physical distancing while passing. In addition, schools can consider eliminating the use of lockers and moving to block scheduling, which supports the creation of cohort groups and reduces changes of classrooms.

Non-mixing of Cohorts Protocol

Students will operate in cohorts at all times (courses, breaks, lunch, sports, etc.). Cohorts are identified as students within the same grade level. Cohorts will share instructional spaces and cleaning will occur between spaces. Students will have designated spaces solely for their use inside the classroom that is socially distant from their peers. Under no circumstances should students or staff share workspaces or supplies. Stable cohorts are beneficial in that they:

- limit the number of possible exposures if someone on campus becomes infected with COVID-19.
- can reduce the number of people who become ill.
- assist with effective contact tracing and case investigations.
- lessen the impact of COVID-19-induced quarantines and closures

This protocol has been prepared to reduce possibilities for infection and minimize risk of exposure of faculty, staff, and students at Cristo Rey De La Salle during the Covid-19 pandemic. Per the California Department of Public Health (CDPH) Industry Guidance issued on July 17, 2020, students remain in cohorts as small and consistent as practicable including when they are in recess or in special instruction. This protocol provides direction regarding the non-mixing of cohorts during in-person learning.

Breaks

- Breaks between classroom cohorts will be held at staggered times throughout the school day.
- Students, faculty and staff are to maintain 6 feet distancing when practicable.
- Students, faculty, and staff are to wear face coverings during recess as guided by the Face Covering Protocol.
- Follow ground markings and direction signs to enter and exit school buildings for recess.
- If different classroom cohorts must share the same recess period, each classroom cohort must stay in the designated area assigned to their classroom cohort.
- In their designated area, students must still remain 6 feet apart.

Physical Education

- Instruction such as music and P.E. will be instructed one cohort at a time without mixing of other cohorts.
- During instruction students and faculty are to maintain 6 feet distancing.
- Activities where there is increased likelihood for transmission from contaminated exhaled droplets such as band and choir practice and performances are not permitted.
- Activities that involve singing must only take place outdoors.
- Activities that involve physical exertion and deep breathing must only take place outdoors.

Student Life: Please read the attached CRDLS 2020-21 Student Clubs Coronavirus/COVID-19 Protocols for participation details. (See appendix)

Student Clubs COVID-19 Waiver

In accordance with the Alameda County Health Order of June 8, 2020 and the California Interscholastic Federation (CIF) "Return to Physical Activity Training Guidelines" of May 15, 2020, Cristo Rey De La Salle is permitting students to participate in outside sports conditioning and student club meetings.

With our Lasallian Core Principles in mind we aim to promote a set of guiding behaviors and agreements to support the creation and maintenance of a meaningful and healthy school climate. Our Lasallian Core Principles include (1) Faith in the Presence of God; (2) Quality Education; (3) Concern for the Economically Marginalized and for Social Justice; (4) Respect for All Persons; and, (5) Inclusive Community. Building community is a process that takes time and commitment. Administration, teachers, staff, families, and students must work together to create and maintain a school environment where everyone feels supported, respected and appreciated. Our focus and commitment on providing quality student led clubs and organizations is paramount to our Mustangs creating a sense of community.

It is a privilege for any student to participate in extracurricular activities, including student clubs. Each student must commit to actively participating and attending club meetings. Each student must commit to ensuring that their GPA will never fall below 2.5 at the quarter mark. Also each student must be on time with their power focus areas and projects within the Summit Learning Platform.

Our protocol has been created with safety as the top priority; however, the safest situation possible is to shelter-in-place entirely at home. Without question, we support the decision of any student or family that chooses that option.

Signing of the following waiver is required for a student choosing to participate in CRDLS on campus student club meetings:

- I acknowledge the contagious nature of Coronavirus/COVID-19 and that the CDC and many public health authorities recommend social and physical distancing.
- I further acknowledge that CRDLS has put in place preventative measures in accordance with current Alameda County Health Department and CIF guidelines.
- I also acknowledge that CRDLS cannot guarantee my student will not become infected with Coronavirus/COVID-19 despite these measures, and I understand that an increased risk of becoming infected may result from the actions, omissions, or negligence of my student and/or others.
- I voluntarily request that my student participate in CRDLS 2020 on campus student club meetings and acknowledge that such participation may increase my student's risk of exposure to Coronavirus/COVID-19.
- I acknowledge that my student must comply with the procedures set forth in the CRDLS 2020-21 Student Clubs Coronavirus/COVID-19 Protocols.
- I hereby release and discharge the CRDLS and each of its trustees, officers, employees, agents, servants and volunteers (herein collectively referred to as 'District') from any and all claims, and from any and all liability, arising out of or in connection with participation in CRDLS On Campus Student Clubs that may result in my student contracting Coronavirus/COVID-19 and/or any resulting damages therefrom. For the purposes of this agreement, liability means all claims, demands, losses,

causes of action, suits or judgments of any and every kind that occurs during the above described activity and that results from any cause including the active or passive conduct and/or negligence of the District.

Print Parent's Full Name

Parent Signature

Print Student's Full Name

Student Signature

Club Meeting Day (circle one or two):

Monday **Tuesday** **Wednesday** **Thursday**

Student Club times are 4 - 6pm. In the event of any changes or cancellations I will notify everyone 24hrs in advance. If you have any questions please contact me: cbrinson@cristoreydelasalle.org or the club advisor _____.

Thank you,
Coron Brinson
Dean of School Culture

Athletics: CRDLS is instituting the following protocols for high school sports in order to allow for sports conditioning activities.

- Students may train together in social bubble groups of 10. This social bubble must remain stable for a period of at least 3 weeks. Students and adults may participate in only one social bubble at a time.
- Each bubble of 10 must have a defined outdoor training area that is at least 30 feet from the next group.
- Students and adults must wear face coverings and maintain 6ft physical distancing throughout the conditioning sessions. Plastic shields covering the entire face will not be allowed during participation due to the risk of unintended injury to the person wearing the shield or others. This does not apply to any equipment allowed by the National Federation of State High School Associations' (NFHS) rules.
- All students and staff must bring their own water bottles and towels, to be stored in individual designated areas. Locker room facilities will not be operational.
- There will not be use of any shared equipment (including balls) at this time. All conditioning activities will be non-contact.
- Coaching staff is responsible for monitoring parking, drop off and pick up areas. There will be no congregating in the parking lot before or after sessions, and every effort should be made for students to arrive in their own vehicles.
- Upon arrival students and staff will undergo a brief health screening questionnaire, administered by a supervising adult, and have a non-contact temperature taken. Logs will be saved by supervising staff or coaches. Symptomatic students, and/or those with a temperature >100.4 will be sent home and restricted from further group activities based on county guidance. Written medical clearance will be required to return to any activities.

- Any student who is sick, or a parent/guardian of a student who believes their student is sick, should not participate in sports conditioning activities and should contact their doctor or other health-care professional for immediate assistance.
- These Protocols may change upon further notice from the Alameda County Public Health Department or other authority.