

Date Dec 6, 2020

CRDLS Athletics Department will pause all conditioning pods until further notice due to the county shelter in place order that has gone into effect. We will continue to monitor the situation and will resume workouts at the appropriate time. The safety of our athletes and coaches will always be our top priority and we will continue to work hard to get them back on the field.

If you have any questions please feel free to to contact me at:

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Stay safe,
Julio Orozco