



CRISTO REY DE LA SALLE
EAST BAY HIGH SCHOOL

PATHWAYS



Our Mission

Cristo Rey De La Salle East Bay High School, St. Elizabeth Campus is a diverse, Lasallian Catholic learning community that educates young people to become men and women of faith, purpose and service.

A rigorous and personalized college preparatory curriculum integrated with a corporate work study experience prepares students of limited economic means to succeed in college and in life.

Greetings Cristo Rey De La Salle Champions,

Our 2019-20 school year has been exciting! Well into the second half of the year, students are growing by leaps and bounds academically, spiritually and personally. Cristo Rey De La Salle continues to get stronger in all facets of our unique educational model.

We witness students being challenged in class daily, whether studying molecules, biodiesel, congruent angles or elements of theater. Students learn about college during college culture sessions, and set both short- and long-term academic and life goals during mentor meetings. Research-based best practices underpin all that we do, giving our students an excellent college preparatory work/study experience.

In community life, our Martin Luther King, Jr. prayer service was inspirational. Speakers shared insights, inviting us to reflect on the issues of our day. This summer, students will attend the Lasallian Student Leadership experience and participate in the Bishop O'Dowd Social Justice Teach-In; they are also invited to the Latinx Summit at Saint Ignatius. We continue to add student clubs such as the Black Student Union, Multicultural, Grill, Love Out Loud and Gaming, among others.

Our boys basketball team was on fire, finishing the season with a 14-0 record. The girls team ended with a 4-3 record, showing terrific improvement. We are excited to explore expansion of our Athletics program to include varsity teams next year.

We could not do this important work without *you*—thank you! As the proud leaders of this community, we encourage you to visit campus to witness the incredible impact this school has on our students. Come see firsthand what Cristo Rey De La Salle is all about, how lives are being transformed every day. We look forward to welcoming you!

Matthew D. Powell
Interim President & CEO

Ana Hernandez
Principal

John Coughlan
Director, Corporate
Work Study Program

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*Sincere thanks and appreciation
to our Board of Trustees and loyal
donors; your commitment makes a
difference in the lives of
our students!*

A Cristo Rey De La Salle East Bay High School Graduate Is a Person Who:

1. Develops Academic Excellence and Intellectual Agency
2. Contributes to the Common Good Through Social Justice
3. Leads with Integrity and Respect
4. Pursues a Life of Faith, Purpose, and Service

John A. Sobrato Gift Match



John & Susan Sobrato

Cristo Rey De La Salle East Bay High School announced that it raised a total of \$268,566 as part of a matching gift pledge from Silicon Valley real estate developer and philanthropist John A. Sobrato.

In November 2018, Sobrato pledged to donate up to \$250,000 in matching funds for all donations made through June 30, 2019. Supporters met and

far exceeded the goal, raising an extra \$10,000 in the final hours of the challenge. One hundred percent of Cristo Rey De La Salle faculty members donated.

CRDLS is putting the funds to good use supporting the school's day-to-day operations. "We are extremely grateful for the generosity of Mr. and Mrs. Sobrato, who strongly support the Catholic education of young men and women," said Matthew D. Powell, Interim President. "We would also like to thank the generosity of our supportive community who helped double the donation."



NWEA Assessments Demonstrate Student Achievement, Growth

The Northwest Evaluation Association, known as NWEA, is a research-based, nonprofit organization that supports students and educators worldwide by creating assessments that measure growth and proficiency and provides insights to help tailor instruction. Cristo Rey De La Salle works with this organization to evaluate, monitor and track the progress of our high school students as they prepare for college.

We are very pleased to announce strong results from our 2019-2020 first semester NWEA MAP (Measure of Academic Progress):

Sophomores

- 3.5X the national average in math
- 5X the national average in reading
- 6.5X the national average in language

Freshman

- 6.5X the national average in reading
- 6.3X the national average in language
- Matched growth in math

Congratulations, Mustangs. Keep up the good work!

Wholeness Program at the Heart of Cristo Rey De La Salle



Students gather in Wholeness Center

Our Wholeness Center is a hub of student activity and arguably the most beautiful space on campus. The staff of the Wholeness Center includes three people: Christian Ziraldo, Wholeness Counselor; Julia Sitko, LCSW, Program Director; and Elshia Vasquez, intern. Together, they provide social-emotional wellness counseling and academic guidance for every student. The program offers one-to-one time and group sessions, as well as college culture courses.

In partnership with our counselors, students work toward achieving the goals set forth in the 16 Habits of Success that are core to the counseling program.

They are grouped into five categories:

Healthy Development:

Attachment, Stress Management, Self-Regulation

School Readiness: Self-Awareness, Social Awareness/Relationship Skills, Executive Functions

Mindsets for Self and School:

Growth Mindset, Self-Efficacy, Sense of Belonging, Relevance of School

Perseverance: Resilience, Agency, Academic Tenacity

Independence and Sustainability: Self-Direction, Curiosity, Sense of Purpose

In addition to working with students, counselors also engage parents in social-emotional wellness counseling and academic guidance so that the whole family can work together to achieve college acceptance and success.

Next time you are on campus, stop into the Wholeness Center to experience the beautiful and supportive environment that welcomes students every day.



Our Vision

We believe that economic status, zip code, gender and ethnicity should not obstruct the pathway to educational and life success.

We accompany students and graduates in their journey to lead lives of wholeness, purpose and agency.

We unite youth and families with educators, corporations, nonprofits and philanthropists through education and work.

We believe in the power of these relationships to transform lives.



REGISTER NOW!

11th Annual Tony Lema '52 Golf Tournament

Monday, May 11, 12:00 p.m. Shotgun Start

Boundary Oak Golf Course
Walnut Creek, CA

Box Lunch • Dinner
Reception • Auction
Sponsorship Opportunities

Visit www.crdls.org/tonylema
For more information or to register



work



Learning new computer skills by working with a mentor



Posing with the mascot at Chevron



The commute to work study positions on BART

Jobs Fund the School, Prepare Students for Life

What is a Corporate Work Study Program?

The Cristo Rey Corporate Work Study Program is an innovative workforce development program. Pioneered by Cristo Rey Jesuit Chicago in 1996, it was designed to serve low-income students in the inner city who lacked access to faith-based, high-quality educational options.

This model immerses students in a full load of college-prep classes four days a week and in a real job at a business one day a week. The dual focus allows students to prepare academically for college and gain critical work experience and life skills at the same time.

Each student earns money for their work, which goes back to the school to fund the educational programs. This model is now being used in 37 U.S. Catholic schools, including Cristo Rey De La Salle.

How do students participate?

All Cristo Rey De La Salle students participate by taking on jobs at Bay Area organizations large and small, from Fortune 500 corporations to one-person start-ups. We are sincerely thankful to our 37 corporate partners, including Chevron, Kaiser and Webcor.

What is the role of a Corporate Partner?

These partners rely on our students to work at jobs in difficult-to-fill entry-level roles. No matter what task they are assigned, Mustangs work hard. Along the way, they learn valuable lessons about how to be a good employee, build their resume and make strong connections with adults, who benefit from the opportunity to mentor and share knowledge in turn.

Join us! If you own a Bay Area business or have the capacity to hire students in your current role, we can provide a reliable staffing solution: a pipeline of diverse young talent and growth opportunities for your employees.

Do well by doing good! Email John Coughlan to learn more: jcoughlan@cristoreydelasalle.org



What does it mean to be a Mustang athlete?

Our philosophy is that a student's pursuits on the field should be equally measured with those off of it. A student athlete pursues personal growth through team and community-building experiences, academic excellence and activities that enhance the individual as a unique ambassador of our school. We encourage all students to take full advantage of the opportunity to get a top-notch, college-prep education while participating in athletics.

Mustangs Move It!

Volleyball: The Mustangs played hard and ended the season with 5W-3L. They are thankful for the support of our community!

Soccer: Congratulations to our boys soccer team. Even though they only had two games, they demonstrated tremendous skills and sportsmanship. We are so proud of their efforts!

Basketball: The girls team competed with heart and skill until the end of the season, but came up short, closing with 4W-3L overall. We are proud of the big improvements they made this year. The boys team dominated the paint with a perfect season record and finished undefeated, 14W-0L! Go Mustangs!

Cheer & Dance Advance

The Cheer & Dance Club is grooving! This year, it incorporated healthy eating habits and fitness. The faculty advisors are dedicated to teaching students the value of leadership skills, good sportsmanship, teamwork, communication, competition/game day etiquette, positive attitudes and school spirit. Coaches challenge the students physically and mentally, encouraging them to reach their potential and meet individual and team goals. Our cheer and dance team really gets the crowd pumped at every sporting event!

study



Paper Airplanes Model Life

In our second year, a dynamic Social Studies teacher, Michael Cody, joined our staff. He keeps students engaged with interesting projects that encourage analytical thinking. Recently, he used paper airplanes to illustrate an important concept.

Noting that some paper planes clearly fly better than others, he asked his class, “Why?” Through discussion, students proposed that one factor may be the design used to build the aircraft. To test the assumption, students were challenged to build a paper plane and change its design to observe how flight was affected. Results indicated a valid hypothesis!

Next, drawing a parallel between people and planes, the group discussed how different backgrounds and student experiences may lead to varying educational results within the same system. Again, “Why?” Group discussion prompted this idea: the approach or structure of education may need to be adjusted to promote achievement for each student, according to their background and preparation. This project was a concrete way to explore and demonstrate cause and effect in both the physical world and in human experience.



Students reflecting

Meet Julia Sitko, LCSW Director of Wholeness and Counseling



Julia Sitko, LCSW

Our school community is pleased to welcome Julia Sitko, a bilingual English/Spanish licensed clinical social worker and teacher who has worked in education for her entire career. Ms. Sitko comes to us from the Oakland Unified School District where she managed a program for immigrant youth.

Passionate about the well-being of our students, Ms. Sitko brings creativity and enthusiasm to her work, believing that young people have always been her greatest teachers. She is excited to return to direct service work with youth and families.

Ms. Sitko is the mother of an adventurous boy, Adrian. They lived in Guatemala before moving to Oakland 10 years ago, and go back to Guatemala as often as possible. They love to travel and have visited much of Central America. Ms. Sitko's interests include reading, dancing, boxing, cooking and swimming, preferably in lakes, rivers and oceans.

Personalized Learning

As a college preparatory school, Cristo Rey De La Salle promotes an academically-challenging, personalized, innovative and engaging learning experience.

Our institutional model emphasizes meeting the needs of *all* students and the development of specific skills and strengths that will be necessary for college and beyond. The school's academic goal is to build foundational skills in the ninth and tenth grades, preparing students for college-level Advanced Placement courses in the eleventh and twelfth grades.

Recognizing that many of the students are coming from historically-disadvantaged backgrounds, the Academic Learning Team embarked on the development of a learning program



g in the classroom

Serves Each Student

designed to meet every student where they are and bring them forward so that they qualify for acceptance to a four-year university. In some cases, that means bringing skill standards up several grade levels in one year.

Our Personalized Learning Program leverages the experience of talented teachers as well as 21st century technology to customize the learning experience.

Guiding Principles of Personalized Learning:

- **Students** have agency in learning.
- **People:** Multiple people resources are accessible on demand.
- **Pace:** Students can work at their own pace.
- **Path:** Multiple learning pathways are offered.
- **Place:** Diverse learning spaces are accessible.

What We Stand For: The 6 Values of Cristo Rey De La Salle

Authenticity

Mercy

Creativity

Perseverance

Compassion

Sincerity



A student delivers the Word

and develop a vibrant Christian community among their classmates.

The freshmen class completed their Fall Retreat during the Alpha Summer Institute at St. Mary's College before school began. Holy Names University graciously provided their chapel as the site for the Spring freshmen retreat.

On retreats, each student is invited to reflect on their relationship with God through acts of service towards one another, and to envision the community that they will continue to build throughout their four years here. We invite you to pray for our students as they develop their faith.

Retreat Days Build Faith, Community

Retreat days for freshmen and sophomores are an important part of the Campus Ministry program at Cristo Rey De La Salle. Each retreat has a particular theme and, through prayer and discussion, is structured to help the students grow in their relationship with God through Jesus Christ. The retreats are also designed to help students learn about themselves



Matt Powell offering Communion at Mass



VOLUNTEER

Join the Mustang Volunteer Program (MVP) at Cristo Rey De La Salle. Your time, talent, presence and participation is integral to helping us achieve our mission. There are a myriad of ways to get involved and we welcome your participation.

www.crdls.org/mvp



BECOME A WORK STUDY PARTNER

Become a Corporate Partner! Join more than thirty local employers by adding cost-effective and productive entry-level employees for your business while significantly impacting the lives of students and benefiting your local community.

www.crdls.org/corporate-work-study-program



SUPPORT

Support Cristo Rey De La Salle. With our Mission and Vision in mind, we accompany students in their journey to lead lives of wholeness, purpose and agency. Through your donations, you are working side-by-side with us to provide the lifelong gift of education and transform young lives. Thank you!

www.crdls.org/donate